



**COLUMBUS SURGICAL ASSOCIATES, INC.**  
GENERAL, LAPAROSCOPIC & ROBOTIC ASSISTED SURGERY

Stephen Glatz, M.D. • B.J. Pomerants, M.D., FACS • Jason D. Shoemaker, D.O.

## Hemorrhoidectomy Preparation

### Items needed for prep please purchase from local pharmacy:

- 1 Bottle Magnesium Citrate
- 3 Fleets Enemas

### One Day Prior to Surgery

1. Begin Clear Liquid diet. **NO** solid foods. Examples of clear liquids include: Clear Broth/bouillon, plain Jello, tea, coffee, clear juice etc.
2. Take ½ bottle of magnesium citrate in the morning and take the remaining half in the evening the day before scheduled surgery
3. Use 2 fleets enemas, one hour apart the evening prior to surgery

### Day of Surgery

1. **NOTHING** by mouth after midnight
2. Use 1 fleets enema on the morning of your surgery, prior to arriving at the hospital

Please call 614-766-5050 with any questions regarding your upcoming procedure